

**Friday, June 19, 2009**

**Day 2**

**Repairing Relationships with Traumatized Children:  
Child - Parent Psychotherapy**

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**WORKSHOP DESCRIPTION**

This workshop will present a method of psychotherapeutic intervention for treating the behavioral and mental health issues of traumatized preschoolers and their caregivers. Child-Parent Psychotherapy uses strategies to treat the caregiver and young child together, focusing on links between the caregiver's experience of her child and her present and past relationships. The underlying principles, intervention modalities, and clinical methods involved in Child-Parent Psychotherapy will be presented, using videotaped clinical case discussions.

**LEARNING OBJECTIVES**

At the conclusion of this workshop, participants will be better able to:

- Discuss the principles upon which Child-Parent Psychotherapy is based
- Emphasize to caregivers the importance of the child-parent relationship for the optimal development of the infant and young child
- Understand the major intervention strategies involved in the conduct of child-parent psychotherapy
- Identify clinical methods to treat common issues displayed by young children and their parents

8:30 - 8:45 a.m.	Introductions and Overview of the Day
8:45 - 9:30 a.m.	Introduction to Child-Parent Psychotherapy
9:30 - 10:00 a.m.	Developmental and Contextual Considerations
10:00 - 10:15 a.m.	Break
10:15 - 11:00 a.m.	Developmental and Contextual Considerations
11:00 - 11:30 a.m.	Clinical Considerations
11:30 - 12:00 p.m.	Intervention Modalities
12:00 - 1:15 p.m.	Lunch Break
1:15 - 2:30 p.m.	Intervention Modalities
2:30 - 2:45 p.m.	Break
2:45 - 4:00 p.m.	Clinical Issues and Methods
4:00 - 4:30 p.m.	Questions, Discussion, and Evaluation

## Brief Description of Each Topic

### Introduction to Child-Parent Psychotherapy

The theoretical background, goal, and an overview of the structure of Child-Parent Psychotherapy are briefly described.

### Developmental and Contextual Considerations

Typical emotions and behaviors demonstrated by infants and preschoolers to express their needs are outlined; how parents' behaviors, feelings, and concerns impact their children is described.

### Clinical Considerations

The ways in which treatment may be initiated and the individuals present in sessions are discussed.

### Intervention Modalities

The techniques and clinical methods integral to Child-Parent Psychotherapy are outlined; videotaped excerpts of treatment sessions with caregivers and children are used to illustrate the techniques and methods.

### Clinical Issues and Methods

Examples of problems treated as well as methods to intervene with both caregiver and child are outlined; videotaped excerpts of treatment sessions are used to illustrate these issues and interventions.