

Thursday, June 18, 2009

Day 1

**Repairing Relationships with Traumatized Children:
Interventions in Early Childhood Mental Health**

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WORKSHOP DESCRIPTION

This workshop will provide an overview on the importance of the caregiver – child relationship by highlighting the attachment relationship the baby forms with the primary caregiver. Qualities of healthy and problematic attachment relationships will be discussed. How early attachment relationships and maltreatment influence adolescent and adult mental health outcomes will be described. The manner in which the attachment relationship can guide intervention for maltreated infants will be highlighted, using videotaped vignettes of caregivers and children.

LEARNING OBJECTIVES

At the conclusion of this workshop, participants will be better able to:

1. Identify qualities of attachment relationships and their development
2. Appreciate caregiver characteristics related to secure and insecure attachments
3. Define attachment disorders and associated risks
4. Describe how early experiences impact outcomes in adolescence and adulthood
5. Appreciate how to recognize possible attachment difficulties
6. Understand how to facilitate healthy attachment relationships

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7:30 - 8:00	Registration
8:00 - 8:15	Introduction to Relationship Focus
8:15 – 8:45	Development of Attachment
8:45 – 10:00	Attachment Classifications and Sequelae
10:00 - 10:15	Break
10:15 - 10:45	Early Experiences and Adolescent/Adult Mental Health Outcomes
10:45 – 11:15	Attachment Disruptions
11:15 – 11:45	Reactive Attachment Disorder
11:45 - 1:15	Lunch
1:15 - 3:00	Reactive Attachment Disorder; Secure Base Distortions
3:00 - 3:15	Break
3:15 – 4:30	Intervention
4:30 - 5:00	Questions, Discussion, and Evaluation

Introduction to Relationship Focus

Brief introduction to the importance of the caregiver-child dyad and the context of relationship intervention will be given.

Development of Attachment

The normative course of the development of the attachment relationship is described.

Attachment Classifications and Sequelae

The various qualities of the attachment relationship are described, along with characteristics of caregivers that are associated with secure and insecure attachments.

Early Experiences and Adolescent/Adult Mental Health Outcomes

Results of research that have followed children who were maltreated at some point between the ages of birth – 11 years of age until adulthood will be reviewed. The mental health outcomes associated with age of onset of maltreatment will be discussed.

Attachment Disruptions

The ways in which attachment relationships can be disrupted will be described, as well as ways to intervene with disruptions.

Reactive Attachment Disorder

The nature, criteria for, and illustrations of attachment disorders will be emphasized, including videotaped illustrations of these problematic attachments.

Secure Base Distortions

The nature, criteria for, and illustrations of attachment problems will be emphasized, including videotaped illustrations of these problematic attachments.

Intervention

A clinical case will be presented to illustrate methods of intervening with a child who has a problematic relationship with her caregiver.